

RECLAIM!

WE RECLAIM

LOVE

2016
ANNUAL
REPORT

INFUSE



Interim Executive Director
Felicia Washington Sy

Dear Community,

Queer and trans youth access to mental health support is at the heart of RECLAIM. Surrounding that heart is our leadership, staff and board, and our community. THANK YOU to our many donors and volunteers for making RECLAIM's work possible! For so many reasons our work is more necessary than ever. Because our community continues to expand and increase support, we can meet the need ahead of us.

We also have a big thank you to Dr. Felicia Sy, who has stepped into leadership in a time of much organizational change and growth. Felicia became a volunteer for RECLAIM in 2011 and has been on staff since 2015. She is a passionate advocate for our youth and her leadership continues to center their wellness and bright futures. As an experienced therapist for Queer and Trans youth, and a facilitator of our People of Color healer cohort, she knows our resilient communities closely. As a board, we so appreciate her vision as we work together toward supporting young people across our region.

Thanks to all of you for making so much possible.

— Jeffy Hnilicka, Board Chair
and the RECLAIM board of directors

ONE YOUNG PERSON'S STORY

Youth come to RECLAIM for different reasons, but also because RECLAIM is different. Morgan Bryan, a young person in relationship with us, had tried counseling and therapy elsewhere, but it didn't help.

This is how she describes herself before and after building with us.

"I was used to being told what to do... I was a brick wall—no emotions. I came in [to RECLAIM] kind of reluctant... I'd had some bad experiences. [But] I have emotions now, which is great; I did not have them before," she continues, adding, "working with RECLAIM has helped me realize my true self, and communicate it to my friends and family."

What made RECLAIM different? "Being able to connect with a therapist, which had never happened before."

A LETTER from JANET BYSTROM

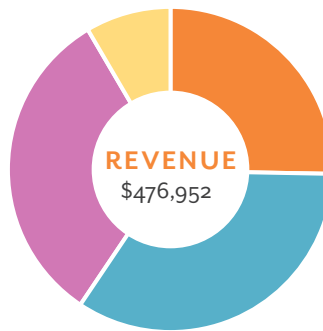
If there is one legacy I should be proud to leave as RECLAIM's founder, it is that we will choose to reclaim love of ourselves and one another at every opportunity. Love in action knows how to express anger without the intent to harm; it leans into discomfort, judges less, listens more, and is available to each of us in the measure needed.

One thing everyone connected to RECLAIM has in common is that when faced with the choice to act from a place of fear or a place of love, we consistently and intentionally choose love. Young people trust us with their most precious inner-knowing. Family members, despite fear tearing at their hearts, lean in and strive to understand. Our colleagues work across identities and positions of power toward a common goal, standing on a foundation of love. Our donors and community members engage with us as thoughtful participants and help to shape the future of RECLAIM. Finally, I know that my decision to leave my therapist role at RECLAIM and embark on this new chapter in my own life also arose from a place of deep and abiding love.

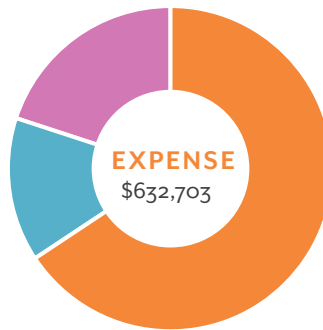
This Love-Choosing is how RECLAIM came into existence and is why it has been capable of such tremendous things. RECLAIM offers us an opportunity to relate in a different and more open way, not just around gender and sexuality, but more broadly, our shared humanity.

Thank you for joining us in reclaiming love. Together, we can be brave beyond our wildest dreams.

Janet Bystrom, RECLAIM Founder



- Grants: \$120,725
- Individual Gifts: \$163,989
- Earned Income: \$151,507
- Partners: \$40,731



- People & Programs: \$416,073
- Core Mission Support: \$90,195
- Fundraising: \$126,435



FISCAL YEAR 2016 RECLAIM STAFF

Alyssa Anderson (they/them)

Abby Beasley (she/her)

Janet Bystrom (she/her)

Maryrose Dolezal (she/her)

shay(den) gonzalez (they/them, he/him)

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Qamar Saadiq Saoud (he/him)

Ilana Sperling (she/her)

Felicia Washington Sy (she/her)

THERAPY

RECLAIM provides accessible therapy and accompaniment for queer and trans youth and their families. This work includes providing individual and family counseling, group therapy, community activities and retreats and triage crisis response for youth, families, and the providers working with them. Additionally, through ConneQt, a collaborative project with Avenues for Homeless Youth, The Link, and Point Source Youth, RECLAIM is intervening in queer and trans youth homelessness. As part of this initiative, RECLAIM provides individual therapy to participating young people, focusing on a collaborative therapy model based around client needs. RECLAIM continues to hold the landmark weekly Gender Exploration Group for approximately 10 young people a week.



PRACTITIONER DEVELOPMENT

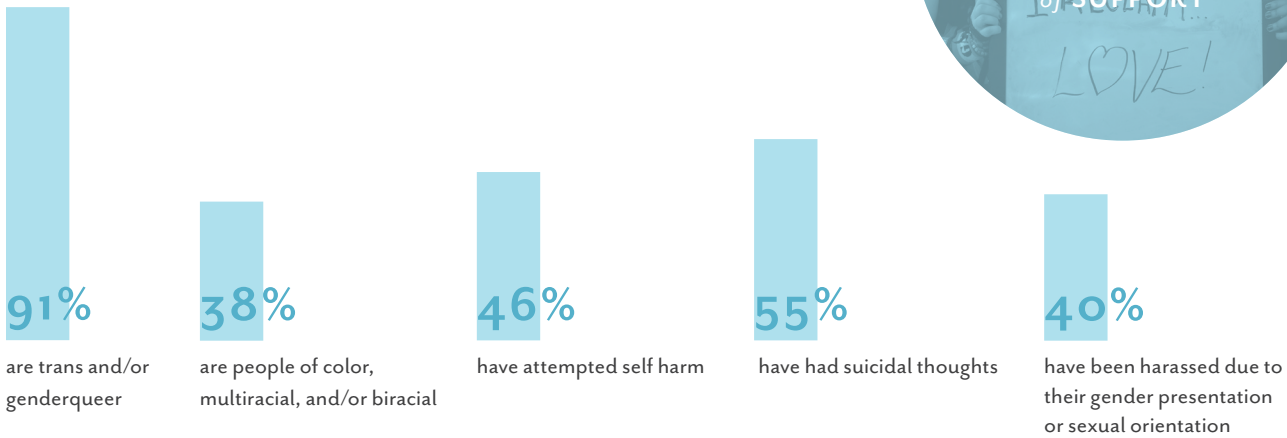
RECLAIM provides deep apprenticeship, training, and supervision to therapy students and practitioners. We offer Internship and Fellowship opportunities, as well as clinical support through the Practitioners of Color Therapy Cohort and our clinical consultation group Liberating Therapeutic Conversations.

COMMUNITY OUTREACH AND TRAINING

RECLAIM collaborates in community and provides training at the intersections of racial and gender justice, both with non profits and local organizing groups and cross-sector businesses to provide trainings about providing services to and working respectfully with, queer and trans youth.



YOUTH IN 2016



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