

RECLAIM!



2018 ANNUAL REPORT

Dear Beloved Community,

RECLAIM's work has always been about supporting queer and trans youth to tell their stories in ways that make them stronger. One way we've done this in 2018 is through the Healing is Resistance campaign, highlighting stories of healing and hope.

As we lift up our youth, it creates a ripple effect: they lift each other and the rest of us up, and the impact is felt throughout our communities! Here's what youth are saying about their experiences at RECLAIM:



“RECLAIM gives me a space I can relax and feel safe no matter what else has been happening.”

“It's hard to open up to my other providers, but here I always feel like I can be myself.”

“I felt heard, could express more, and I wasn't pushed inappropriately.”

“Y'all got some LOVELY people here!”

In the past year, RECLAIM has continued to serve about 65 youth each week, providing a full spectrum of individual, group, and family therapy regardless of clients' ability to pay. Project CLEAR, funded through the DOJ's Office on Violence Against Women, has completed the planning phase in its three-year project to reduce sexual violence among youth in Saint Paul Public Schools. The Passages Cohort, a re-design on the longstanding POC Therapy Cohort, continues to organize and provide professional development for POCI and LGBTQ mental health practitioners.

Overall, this past year has been one of strengthening our core programs and infrastructure to build a sustainable platform for growth. We've launched a new website, transitioned both our client and donor databases, and started our first financial audit! We continue to aspire towards a healing justice approach, including building an internal culture of wellness and shifting as a team to further reflect our youth and communities. As we enter 2019, the majority of both staff and board at RECLAIM identify as people of color, and we continue to be a majority queer and trans identified group as well.

In the coming months, RECLAIM will begin a strategic planning process with youth and families, collaborative partners, and community members to help decide RECLAIM's direction. We are so grateful for all that you've given in support of accessible mental health support for queer and trans youth, and hope that you'll join us as we plan for the future!

Sincerely,

A handwritten signature in blue ink, appearing to read 'Felicia Washington Sy'. The signature is fluid and cursive.

Dr. Felicia Washington Sy
RECLAIM Executive Director

About Reclaim

RECLAIM's mission is to increase access to mental health support for queer and trans youth so they might reclaim their lives from oppression in all of its forms.

At RECLAIM, we provide financially and culturally accessible care to queer and trans youth and their families, train practitioners, and partner in community at the intersection of gender and racial justice.

About the Youth We Serve

162

youth served

80%

youth served are trans or GNC

48%

of youth served are POCI

81%

have been harassed due to gender or sexuality

47%

have experienced housing instability in last 6 months

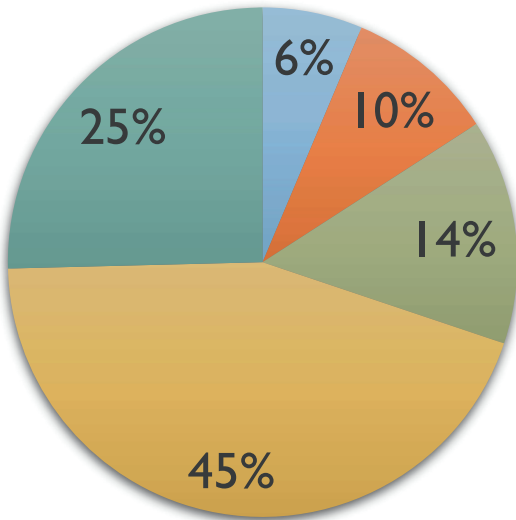
82%

had difficulty finding trans/queer competent therapy

98%

would recommend RECLAIM to other queer and trans youth

Client Access to Health Insurance



- No insurance
- Has insurance, can't access
- Has insurance, prohibitive deductible
- Has insurance, can access
- Has MA, can access

Staff

Aamina Mohamed
 Anna Lifson
 Ash Mangan
 Elliot Feria
 Emerson Ball
 Felicia Washington-Sy
 Josiah Mosqueda
 Kaj Benson
 Laine Mohnkern
 Leisha Suggs
 Maryrose Dolezal
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 Quinn Rivenburgh
 Saba Teshome
 Samuel Doten
 Sarah Sharp
 SB Pournoor
 Wren Doyle

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 Paul Haarstick
 Rabindra Tambyraja
 Stephanie Lilak
 Tom Pack
 Zaylore Stout

Passages

Formerly known as the POCTherapy Cohort, this program has been re-designed as Passages. Built on the foundation of mentorship, supervision, and professional development to POC therapy practitioners and students committed to working with LGBTQ youth, Passages is engaging more practitioners at various stages of development. The first inaugural event of Passages was held in November 2018 with 57 participants: community members, IPOC practitioners, trans practitioners, and allies coming together to organize around professional development to meet community needs.

Project CLEAR

(Consent Leads to Empowered and Affirming Relationships)



Last year, the Department of Justice through the Office on Violence Against Women awarded RECLAIM with a \$750,000 grant to fund a collaboration with Saint Paul Public Schools and the Sexual Violence Center to reduce incidents of sexual violence among St. Paul LGBTQ youth. After this first year planning phase, 16 peer educators have been recruited and over 80 students have attended workshops on healthy relationships. By the end of June 2019

we will have recruited 25 peer educators with over 170 youth receiving peer education. The next phase of Project CLEAR will scale up peer education and start providing individual, group, and family therapy within St. Paul Public Schools.

Featured Partner

Sisters of St. Joseph of Carondelet



Members of RECLAIM's gender exploration group ("The Twistah's") pause at the BINGO call board while competing against community members from CSJ ("The Sista's") for the grand prize of the rainbow light projector!

RECLAIM is grateful for our longstanding partnership with Linda Taylor, CSJ, and the Sisters of St. Joseph of Carondelet! The CSJ Partners in Justice were one of our first funders, having supported RECLAIM founder Janet Bystrom's gender exploration work even before RECLAIM began. Our partnership has included volunteering together, education and training, and fellowship including our annual bingo tradition.

Our Partners & Sponsors

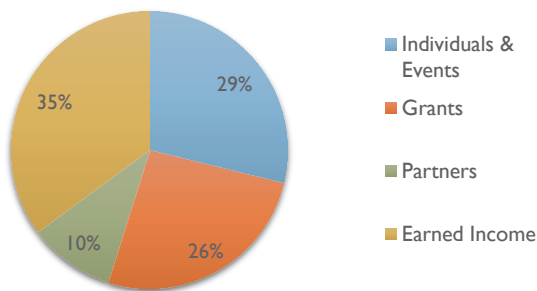
Marcus Waterbury & Dr. Sarah Hart
Anne Hodson



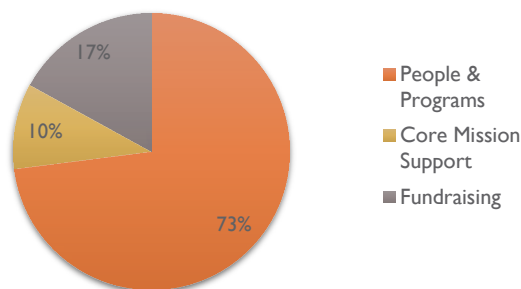
FY 2018 Finances

(July 1, 2017 - June 30, 2018)

Revenue: \$774,346



Expenses: \$809,353



“RECLAIM not only helped me discover my queer identity through therapy, but also showed me what it meant to be proud of my transness, and that there is a place where I am free to be me.”

- Anonymous client -



Thank You, Volunteers!

RECLAIM's work depends on the donated time and talents of our community. In the past year, over 75 volunteers volunteered 1000 hours of their time to RECLAIM. Thank you!

Art Therapy Services

Art therapy is a therapy practice that uses visual art to help people create meaning and stay present in their bodies. It is a way of externalizing the thoughts and feelings that cause suffering. Art therapy is particularly useful for addressing issues in life that are hard to talk about, or that we don't yet have words for. In 2018, RECLAIM hired an art therapist to expand integrative care for youth. Youth who try out art therapy once often choose to continue incorporating it into their healing journeys.



FY 2018 Donors

Funder

\$25,000 +

AHS Foundation
Bigelow Foundation
Greater Twin Cities United Way
Otto Bremer Trust
PrairieCare
U.S. Department of Justice,
Office on Violence Against Women

Diamond

\$10,000 – \$24,999

Thomas Knabel & Kent Allin
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Medica Foundation

GiveMN

Sisters of St. Joseph of Carondelet

Platinum

\$5,000 – \$9,999

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Min Enterprises Photography
Peace Coffee

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\$2,500 – \$4,999

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Sarah Hart & Marcus Waterbury
David Lozinski
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Community Shares of Minnesota

First Avenue

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Minnesota Public Radio

RE/MAX Results: No Place Like Home

Silver

\$1,000 – \$2,499

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Rabindra Tambyraja
Raymond Tsai

Blue Cross Blue Shield of Minnesota

Chowgirls, Inc.

Faith United Methodist Church
(St. Anthony)

Hartford Fire Insurance Company

ROYA, LLC Relational Financial Planning

Bronze

\$250 – \$999

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Doris Wilson
Claire Wilson & Maria Kaefer

Jeanne Witzz & Mary Jordan

Beth Zemsky

Aaron Zimmerman

Harvey Zuckman & Phil Oxman

All God's Children Metropolitan
Community Church (Minneapolis)

Allianz Pride

Ameritrade

Autism Advocacy and Law Center

Blue Cross Blue Shield of Minnesota

Bollywood Dance Scene

Buffalo Exchange

Cathedral Church of St. Mark

Curtis 1000

Daddy: A Queer Variety Show

Davis Law Office

Eat For Equity

Events By Lady K

First Universalist Church of Minneapolis

General Mills

Ladies of The Lakes

Mackenzie Pub

Minnesota Philanthropy Partners

OneBeacon Charitable Trust

Sunrise Banks

Unity Minneapolis

U of M Nat'l Center for Gender
Spectrum Health

Xcel Energy Foundation

Grassroots

Under \$250

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Crystal Brinkman
Beth Brophy
Lara Brown
Amy Brown



“Coming from the rural part of a state with not many resources for queer youth, I’m intimately familiar with the way a lack of support can impact mental health. We must do everything we can to make sure that queer youth continue to thrive. That’s why we’re proud to support RECLAIM.”

- Graeme & Vanessa Monahan-Rial

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at development@reclaim.care