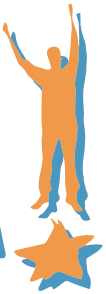


RECLAIM!



I RECLAIM:
declaring my [♀]
authentic self
♡

2022 ANNUAL REPORT

Dear RECLAIM Community,

As I reflect on my first year as Executive Director, I am thrilled to be part of this chapter in the history of RECLAIM. Throughout 2022 we experienced growth and a strengthening of our programs that deepens and solidifies our support of queer and trans youth for years to come. I am happy to share this report of our achievements throughout the year.

Some highlights include:

- adding two new therapists to our team
- creating an Intake and Care Coordinator position to manage our intake and referral processes
- fully integrating the Adaptive Internal Relational (AIR) Network into our approach to therapeutic care
- providing a monthly consultation space for our BIPOC providers to receive support from a BIPOC community clinician
- increasing our service to queer and trans youth in Greater Minnesota via telehealth
- relocating our offices in October to a new space better equipped to support therapy and to continue expanding our reach.

This summer the Board synthesized a new vision statement to help guide the ongoing work of our mission:

RECLAIM's vision is that all queer and trans youth enjoy a thriving mental health foundation to live liberated, authentic lives in community.

RECLAIM is an organization that exists because of the power of community. Our accomplishments this year simply would not have been possible without the dedication of our staff, volunteers, Board members, donors, funders, partners, and the broader community that surrounds our work.

With this unwavering community support, we remain steadfast in our commitment to provide financially accessible, specialized mental health care to queer and trans youth. We believe in the beauty, power, and resilience of queer and trans youth, and we look to the future with hope and excitement.

With appreciation,



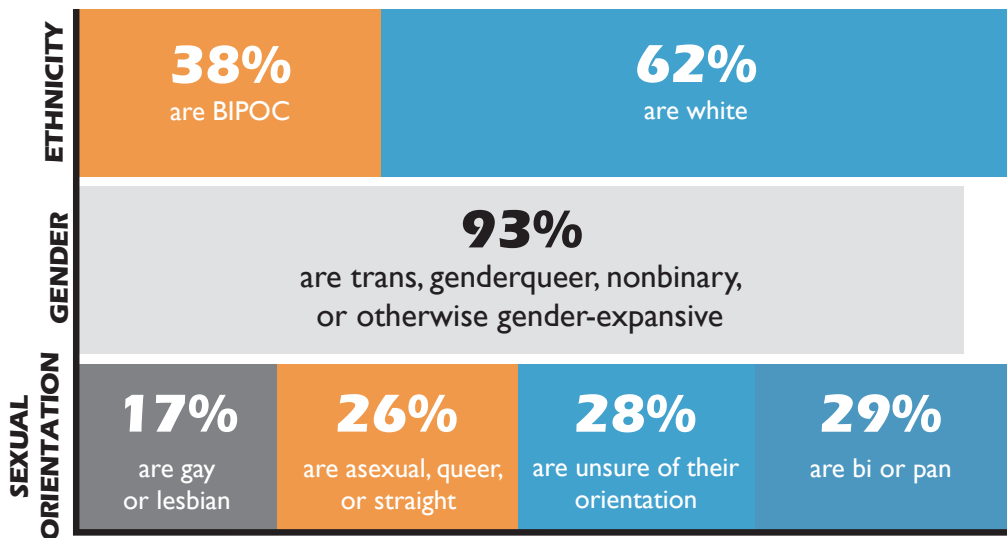
Ryan Fouts (he/they)
Executive Director

About RECLAIM

RECLAIM's mission is to increase access to mental health care for queer and trans youth so they may reclaim their lives from oppression in all its forms.

RECLAIM provides financially accessible, specialized mental health care for queer and trans youth ages 12-25 and their families. We also provide trainings, consultation, and outreach to community partners to improve access to care for queer and trans youth.

About the Youth We Serve

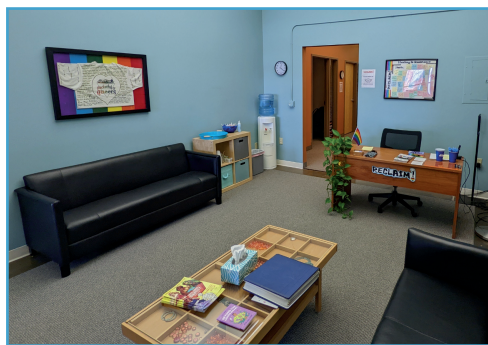


All my other therapists just talked to me about my week. I never thought that I could process things like this. Thank you for what you do, it means a lot to so many people.

- Anonymous client -

RECLAIM's New Home

After seven years on Raymond Avenue, we relocated in October. Check out our new lobby and resource room!



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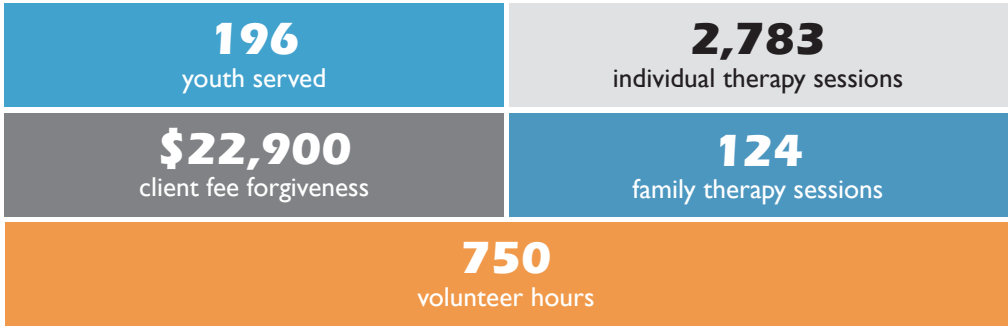
Clinical Program Update

RECLAIM's clinical program continues to adapt to meet the needs of our clients and community. We lowered our service age to 12 and updated our group therapy support to include:

- two Gender Exploration Groups (both virtual and in-person) for ages 12-18
- a new drop-in group for parents and caregivers
- restarting our BIPOC Support Group for ages 18-25
- creating Understanding our Identity Journey, an education group for parents and caregivers

We also restarted internships with one doctoral and two graduate students, and we contracted with a Spanish interpreter to expand access to our services.

The Impact of Our Work



Partner Spotlight: Co-ops

RECLAIM is fortunate to receive significant support from co-op grocery stores across the Twin Cities, particularly through register round-up programs. In addition to direct support from co-ops, register round-ups from members and customers exceeded \$20,000 last fiscal year. Much of this support for RECLAIM was coordinated during Pride Month, deepening their collective impact on accessible mental health care for queer and trans youth.

Partner co-ops include: Seward Co-op, Eastside Co-op, Mississippi Market, Twin Cities Co-op Partners (The Wedge and Linden Hills), Lakewinds Natural Foods, and Hampden Park Co-op.

We are grateful to these, and all our community partners, for their committed support of our mission!

Our Partners & Sponsors





Tabling at Twin Cities Pride in Loring Park

I want to thank RECLAIM for being an integral part of the success story that is my child's journey. You helped him figure himself out in ways we did not think was possible. He seems genuinely happy and comfortable with his gender. Without your therapist, this would never have happened.

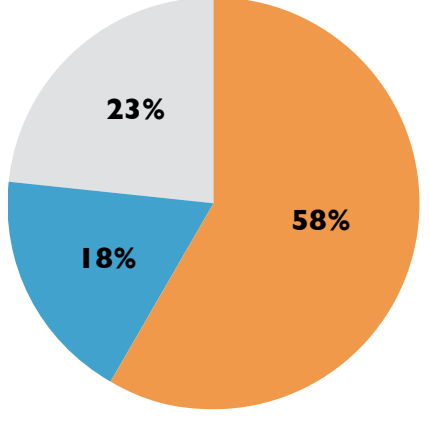
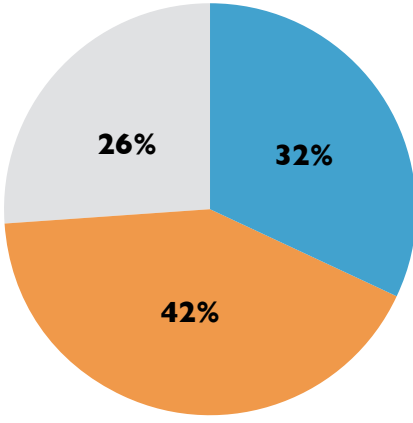
- Anonymous parent of client -

FY 2022 Finances

(July 1, 2021 – June 30, 2022; unaudited)

Revenues: \$872,339

Expenses: \$967,699



- Grants \$362,914
- Individuals, Events & Partners \$277,540
- Contracts & Earned Income \$231,885

- People & Program \$564,753
- Fundraising \$176,039
- Core Mission Support \$226,907

FY 2022 RECLAIM Donor List

(July 1, 2021 – June 30, 2022)

Funder
\$25,000+

- AHS Foundation
- F.R. Bigelow Foundation
- The Clara Foundation
- Engler Family Foundation
- Mardag Foundation
- Otto Bremer Trust
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- Fourth Generation Fund of The Minneapolis Foundation
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- Sisters of Saint Joseph of Carondelet (CSJ)
- Youthprise

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\$5,000 – \$9,999

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- Ryan Family Donor Advised Fund
- Target Corporation
- Zevia

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\$2,500 – \$4,999

- CB Baga
- Jody & Bob Bystrom
- Thomas & Michelle Plombon
- John Sullivan
- Marcus Waterbury & Sarah Hart
- Phyllis Wiener & Shay Berkowitz

FY 2022 RECLAIM Donor List – continued

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Kian Zlutnick Rank	Shaun Strohmmer	Kourtney Zvanovec	SEE MORE
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If you notice any errors, please send corrections to RECLAIM at development@reclaim.care